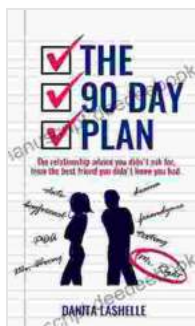


The Relationship Advice You Didn't Ask For From the Best Friend You Didn't Know You Had



The 90-Day Plan: The relationship advice you didn't ask for, from the best friend you didn't know you had.

by Deante Young

★★★★★ 5 out of 5

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You know the one friend who always has the right words to say, even when you don't want to hear them? The one who's always there for you, no matter what? That's me. I'm your best friend, even if you don't know it yet.

I'm not here to give you the same old, tired advice that you've heard a million times before. I'm here to give you the real talk, the stuff that you need to hear but don't want to admit.

So if you're ready for some honest, no-nonsense relationship advice, then keep reading. I promise I'll be as gentle as possible.

1. You're not as special as you think you are

I know, I know, this is a tough one to swallow. But it's true. You're not the only person in the world who's smart, funny, and attractive. There are plenty of other fish in the sea, so to speak.

This doesn't mean that you're not worthy of love. It just means that you need to be realistic about your expectations. Don't expect to find someone who's perfect for you, because that person doesn't exist.

Instead, focus on finding someone who's compatible with you. Someone who shares your values, interests, and goals. Someone who makes you laugh, who supports you, and who makes you feel good about yourself.

2. Love is not always easy

I hate to break it to you, but love is not always a bed of roses. There will be times when you fight, when you disagree, and when you want to tear each other's hair out.

But that's okay. Every relationship goes through its ups and downs. The important thing is to weather the storms together and come out stronger on the other side.

If you're not willing to work through the tough times, then you're not ready for a relationship. Love is a marathon, not a sprint.

3. Communication is key

One of the most important things in any relationship is communication. You need to be able to talk to each other about anything and everything, even the tough stuff.

If you're not able to communicate effectively, then your relationship is doomed to fail. So make sure you're both on the same page and that you're always willing to listen to each other.

4. Don't be afraid to compromise

No two people are exactly alike, so it's important to be willing to compromise in a relationship. This doesn't mean that you have to give up everything you want, but it does mean that you need to be willing to meet your partner halfway.

If you're not willing to compromise, then you're going to end up in a lot of fights. So learn to pick your battles and be willing to give a little bit here and there.

5. Trust your gut

Your gut instinct is usually right. If something feels off in your relationship, then it probably is. Don't ignore your gut feeling. Talk to your partner about what's bothering you and see if you can work it out.

If you can't work it out, then it's probably time to move on. There are plenty of other fish in the sea, remember?

6. Don't be afraid to be alone

Being single is not a bad thing. In fact, it can be a great time to get to know yourself and figure out what you want in a relationship.

So if you're not in a relationship right now, don't be afraid to be alone. Enjoy your own company and focus on your own happiness. The right person will come along when you're least expecting it.

7. Love yourself first

The most important relationship in your life is the one you have with yourself. If you don't love yourself, then you can't expect anyone else to love you.

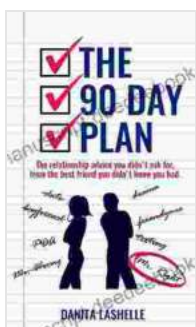
So make sure you're taking care of yourself, both physically and emotionally. Eat healthy, get enough sleep, and exercise regularly. Do things that make you happy and spend time with people who make you feel good about yourself.

When you love yourself, you'll be more confident and attractive to others. You'll also be more likely to attract a healthy, loving relationship.

I know that wasn't the relationship advice you were expecting, but it's the advice you need to hear. If you follow these tips, you'll be on your way to finding a healthy, lasting relationship.

And who knows, maybe I'll be the best friend you didn't know you had along the way.

Love, Your Best Friend



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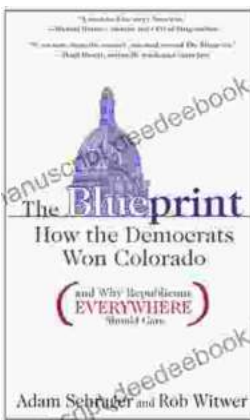
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