

# Reconstructive Surgery of the Hand and Upper Extremity



## Reconstructive Surgery of the Hand and Upper Extremity by Manpreet Kaur

★★★★☆ 4.5 out of 5

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Reconstructive surgery of the hand and upper extremity is a specialized field of surgery that focuses on restoring function and appearance to the hand, wrist, elbow, and shoulder after injury, trauma, or disease.

Reconstructive surgeons use a variety of techniques to repair damaged tissues, restore function, and improve the appearance of the hand and upper extremity.

### Conditions Treated

Reconstructive surgery of the hand and upper extremity can be used to treat a wide range of conditions, including:

- Hand injuries
- Wrist injuries
- Elbow injuries

- Shoulder injuries
- Hand deformities
- Wrist deformities
- Elbow deformities
- Shoulder deformities
- Arthritis
- Carpal tunnel syndrome
- Cubital tunnel syndrome
- Peripheral nerve injuries
- Hand tumors
- Wrist tumors
- Elbow tumors
- Shoulder tumors

## **Surgical Techniques**

Reconstructive surgeons use a variety of surgical techniques to repair damaged tissues, restore function, and improve the appearance of the hand and upper extremity. Some of the most common surgical techniques used in reconstructive surgery of the hand and upper extremity include:

- Microsurgery
- Tendon transfers
- Nerve grafts

- Bone grafting
- Skin grafting
- Soft tissue reconstruction
- Scar revision

## **Recovery**

The recovery from reconstructive surgery of the hand and upper extremity varies depending on the type of surgery performed. In general, most patients will need to wear a cast or splint for several weeks after surgery to protect the repaired tissues. Physical therapy is often necessary to help patients regain range of motion and strength in the hand and upper extremity.

## **Risks**

As with any surgery, there are some risks associated with reconstructive surgery of the hand and upper extremity. These risks include:

- Infection
- Bleeding
- Nerve damage
- Scarring
- Failure to achieve desired results

Reconstructive surgery of the hand and upper extremity is a complex and challenging field of surgery, but it can also be very rewarding.

Reconstructive surgeons have the opportunity to make a real difference in

the lives of their patients, helping them to regain function and improve their appearance after injury, trauma, or disease.

If you are considering reconstructive surgery of the hand or upper extremity, it is important to choose a qualified and experienced surgeon. A board-certified plastic surgeon with specialized training in hand and upper extremity surgery can provide you with the best possible care.

## Images







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