

# Purr-Fect Recipes for Healthy Cats: 101 Natural Cat Food Treat Recipes to Make

Cats are obligate carnivores, meaning that their bodies are designed to digest and utilize nutrients from animal-based foods. While commercial cat food can provide a convenient and balanced diet, many pet owners are opting to make their own cat food treats at home. Homemade treats can be a healthier and more cost-effective alternative to store-bought treats, and they can also be a fun and rewarding way to bond with your feline friend.

In this article, we will share 101 natural cat food treat recipes that are easy to make and packed with nutrients. These recipes are divided into the following categories:

- **Meat-based treats:** These treats are made with high-quality animal protein, such as chicken, fish, or beef.
- **Fish-based treats:** These treats are made with fish, such as tuna, salmon, or mackerel.
- **Vegetable-based treats:** These treats are made with vegetables, such as carrots, sweet potatoes, or pumpkin.
- **Fruit-based treats:** These treats are made with fruit, such as blueberries, raspberries, or bananas.
- **Grain-free treats:** These treats are made without grains, such as wheat, corn, or rice.
- **Dairy-free treats:** These treats are made without dairy products, such as milk, cheese, or yogurt.

1. **Chicken Cat Treats:** These treats are made with chicken, oats, and pumpkin. They are a good source of protein, fiber, and vitamins.
  2. **Fish Cat Treats:** These treats are made with fish, sweet potato, and carrots. They are a good source of protein, carbohydrates, and vitamins.
  3. **Beef Cat Treats:** These treats are made with beef, brown rice, and cheese. They are a good source of protein, carbohydrates, and calcium.
  4. **Turkey Cat Treats:** These treats are made with turkey, cranberries, and oats. They are a good source of protein, antioxidants, and fiber.
  5. **Lamb Cat Treats:** These treats are made with lamb, apples, and cinnamon. They are a good source of protein, fiber, and antioxidants.
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1. **Tuna Cat Treats:** These treats are made with tuna, carrots, and peas. They are a good source of protein, carbohydrates, and vitamins.
  2. **Salmon Cat Treats:** These treats are made with salmon, sweet potato, and blueberries. They are a good source of protein, carbohydrates, and antioxidants.
  3. **Mackerel Cat Treats:** These treats are made with mackerel, brown rice, and cheese. They are a good source of protein, carbohydrates, and calcium.
  4. **Cod Cat Treats:** These treats are made with cod, pumpkin, and oats. They are a good source of protein, fiber, and vitamins.
  5. **Haddock Cat Treats:** These treats are made with haddock, apples, and cinnamon. They are a good source of protein, fiber, and

antioxidants.

1. **Carrot Cat Treats:** These treats are made with carrots, oats, and pumpkin. They are a good source of fiber, vitamins, and minerals.
  2. **Sweet Potato Cat Treats:** These treats are made with sweet potato, brown rice, and cheese. They are a good source of carbohydrates, protein, and vitamins.
  3. **Pumpkin Cat Treats:** These treats are made with pumpkin, oats, and cinnamon. They are a good source of fiber, vitamins, and minerals.
  4. **Green Bean Cat Treats:** These treats are made with green beans, carrots, and peas. They are a good source of fiber, vitamins, and minerals.
  5. **Broccoli Cat Treats:** These treats are made with broccoli, brown rice, and cheese. They are a good source of fiber, vitamins, and minerals.
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1. **Blueberry Cat Treats:** These treats are made with blueberries, oats, and pumpkin. They are a good source of antioxidants, fiber, and vitamins.
  2. **Raspberry Cat Treats:** These treats are made with raspberries, sweet potato, and brown rice. They are a good source of antioxidants, carbohydrates, and vitamins.
  3. **Banana Cat Treats:** These treats are made with bananas, oats, and cinnamon. They are a good source of potassium, fiber, and vitamins.
  4. **Apple Cat Treats:** These treats are made with apples, brown rice, and cheese. They are a good source of fiber, vitamins, and minerals.

5. **Strawberry Cat Treats:** These treats are made with strawberries, oats, and pumpkin. They are a good source of antioxidants, fiber, and vitamins.
  
1. **Chicken and Pumpkin Cat Treats:** These treats are made with chicken, pumpkin, and tapioca flour. They are a good source of protein, fiber, and vitamins.
2. **Fish and Sweet Potato Cat Treats:** These treats are made with fish, sweet potato, and coconut flour. They are a good source of protein, carbohydrates, and vitamins.
3. **Beef and Brown Rice Cat Treats:** These treats are made with beef, brown rice, and potato flour. They are a good source of protein, carbohydrates, and vitamins.
4. **Turkey and Cranberry Cat Treats:** These treats are made with turkey, cranberries, and quinoa flour. They are a good source of protein, antioxidants, and fiber.
5. **Lamb and Apple Cat Treats:** These treats are made with lamb, apples, and almond flour. They are a good source of protein, fiber, and antioxidants.
  
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- **Use high-quality ingredients:** The ingredients you use will determine the nutritional value of your treats. Opt for fresh, organic ingredients whenever possible.
  - **Cook the treats thoroughly:** This will help to kill any bacteria or parasites that may be present in the ingredients.
  - **Let the treats cool completely before serving them to your cat:** This will prevent your cat from burning their mouth.
  - **Store the treats in an airtight container in the refrigerator:** This will help to keep them fresh for up to 2 weeks.
  - **Do not give your cat too many treats:** Treats should only be given in moderation. As a general rule, treats should make up no more than 10% of your cat's daily caloric intake.

Making your own cat food treats at home is a fun and rewarding way to provide your feline friend with a healthy and delicious snack. By following the recipes in this article, you can create a variety of treats that are sure to

please your cat's palate and provide them with the nutrients they need to stay healthy and happy.



## Purr-fect Recipes for a Healthy Cat 101 Natural Cat Food & Treat Recipes to Make Your Cat Happy

by Lisa Shiroff

★★★★☆ 4.4 out of 5

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